

The Human Design System

Relationships, Sex and Design

(Strategies for Fulfillment and Success)

By Carolyn Ford

The Human Design System Is a blueprint of your genetic code. With Human Design Analysis your genetic code can be deciphered in detail. This system is a revealed science and is founded upon logic, and logic is substantiated upon the repetition of patterns, something to be experimented with not a belief system. At the moment of birth we are imprinted with a genetic blueprint that is a unique expression of ourselves and like no other. Understanding this can be quite liberating and something inside of us can deeply surrender allowing our true inner essence to emerge. It is never too late to begin to live the life that is here for You. It truly is that simple.

Strategies of TYPE

Type is the most important aspect of Human Design and is derived from definition in the Body Graph. Knowing your type enables you to begin the process of knowing yourself and becoming aware of your unique strategy in life at every level, relationship, career, sexually and on.

This strategy is not a philosophy but a behavior based on your design. It is the awareness of the way our being works at the genetic level. To live our strategy is to live a life of peace and balance bringing fulfillment within our relationships and all areas of our lives therefore eliminating resistance to our true nature.

There are four basic types and one sub-type. Learning your relationship and sexual strategy through type is yet another view into Human Design analysis. Which type are you? Did you know that you had a sexual strategy different from others? A unique signature if you will that gives you a reliable qualifier for entering into healthy intimate relationships. Type is just one of the many formulas in a design to determine your sexual strategy, profiling is another we will also explore.

Manifestors

The Manifestor is quite rare and encompasses only 8% of the world's population.

These are people that always have access to energy they are the only true energy type they can do what they want to. They are able to do what they want to. You are mine. I am taking you. End of story! They are basically independent and need only to inform or announce their interest in someone to actually enter into a relationship in a healthy manner. Most of us feel whole in their presence since their design brings us access to energy we cannot access independently. There are often those that are waiting for Manifestors to announce their interest in them, the Manifestor is often under pressure for this reason. When a Manifestor informs someone that they are interested is when their relationships work. It is that simple for a Manifestor. Without informing they will meet resistance and the relationship runs the risk of deteriorating. This is where anger comes for the Manifestor, no one ever told them that it was so simple—just inform first before you take them. Now isn't that easy?

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Generators

Generators and Manifesting Generators a sub-type are some of the most powerful types of designs and most common representing 70% of the population. A generator has a tremendous amount of energy and power with no direct access to its expression. The strategy for a generator is to respond spontaneously from their sacral the source of pure life force. Only in this way can they know who and what is for them in relationships, sex and life in general. Success comes for the Generator when they are asked and they can respond. If they initiate or pursue the relationship they will lose the opportunity of their sacral response and not have the clarity of knowing who or what intimacy is correct for them. You see the response is the great clarifier of truth for the Generator type. If a Generator says “I Love You” it may not be true—but if you ask a Generator if they love you and they respond with the sacral hum of uh-huh or a yes this is something you can truly believe. Using sounds or words depends on the version of Generator that you are.

Once a Generator responds they can enter into the experience with confidence that it is the correct intimacy etc. Relationships and sex take time to be perfected for Generators—they begin slowly and have fulfillment, success or mastery over time. Practice does make perfect! A Generator (male or female) never knows if they have the correct intimacy when they have initiated or pursued the relationship. One cannot resist a generator that knows the beauty and power of their waiting. The sacral response is a beautiful seduction resonating with pure life force energy.

Projectors

Projectors are what we call the non-energy types. Projectors are one of the most important types as they are here to recognize who has the energy to get things done in this life and manage it, but they are not here to do it themselves, they are the great delegates in life and potential masters of energy representing 21% of the world's population.

Projectors are waiting for invitations to intimacy and sex. They can only be fulfilled in relationship when they are formally invited to the experience. Projectors are always doing the inviting until they learn that it is them that must wait for the invitation. Once invited into the intimacy they are in and can experience fulfillment and love and act with the energy that has recognized them.

When they jump and initiate they risk exhausting their energies and meeting resistance to that intimacy. The result is that they become bitter for never truly being recognized for who they are. Remember as a non-energy type once in a relationship they do not have the energy to get out until they are invited to leave. Now this is something to think about before accepting just any invitation.

Success in intimacy and sexual fulfillment comes when they are recognized by the right forces and invited, in fact this recognition can potentially fuel them for a lifetime. A great mantra for all types is to *let your aura do the talking*

Reflectors

Reflectors are easy to determine when looking at a chart since they have essentially no definition and all of their centers are white. They are statistically 1% of the population. The other designs are all solar types, which receive a generalized imprinting from the sun. The reflector is the only lunar type purely reflecting the light of the moon on earth. They are moon beings and reliable decision making in intimacy is governed by the 28 day cycle of the moon. Therefore taking their time before entering into intimacy is paramount to their well being and success. They operate at a different frequency than the rest of us. They are

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usually very intelligent individuals as they take in the unique geometry of life through their open design. There is nothing fixed within them to limit their experience of life.

It is in that 28 day cycle of the moon that a reflector can truly discover which sexual or relationship experience is for them. Since the moon is the one constant in their lives their strategy is to wait out that cycle before making major decisions.

It takes courage to have a Reflector as a lover and it is a bit narcissistic since what you get back is basically yourself!

A reflector is most compatible with a Manifestor as the strength of the consistent manifesting aura helps them to metabolize and feel secure. They are usually attached to their relationships much more deeply than others and once they have you in a relationship they rarely volunteer to let you go.

Profiles and Sexual Roles

Profiles are the lines of the hexagrams of the I Ching. We all have them in our charts in the personality sun and design sun (see chart) and they influence our themes in entering into our sexuality and relationships.

Personality Profile *Conscious* Design Profile *Unconscious*

1/3	Pursuer / Pursued	Bonds made and Broken
1/4	Pursuer / Pursued	Confidant or Not
2/4	Shyness / Boldness	Confidant or Not
2/5	Shyness / Boldness	Seducer / Seduced
3/5	Bonds made and Broken	Seducer / Seduced
3/6	Bonds made and Broken	Soul Mates or Not
4/6	Confidant or Not	Soul Mates or Not
4/1	Confidant or Not	Pursuer / Pursued
5/1	Seducer / Seduced	Pursuer / Pursued
5/2	Seducer / Seduced	Shyness / Boldness
6/2	Soul Mates or Not	Shyness / Boldness
6/3	Soul Mates or Not	Bonds made and Broken

Emotions and Their Role

Emotions rule the world! Emotional definition in a design is when the solar plexus (triangle to the right) has color. This adds a whole new dimension to anyone's strategy. As an emotional being it takes longer to be clear about the correctness of entering into any intimate experiences. Emotions are the juiciest part of someone's design--they are passionate, warm and sexy.

I like to think of emotions as the place of potentially great sex. Emotional people are always going up and down in what we call the emotional wave, for this reason there is no truth in the now, clarity takes time. All potential lovers will be attracted to you when you are up in your emotions—but who can still accept you when you are down? This is the ultimate qualifier. The emotional system demands that you wait and honor its wave. Once in a clear emotional place that can be recognized over time you can trust that you have found the appropriate intimacy for you.

The genes are always attracted to what we are not—the weak seek out the strong and the strong seek out the weak. Attraction for us is ruled by our genes beneath the surface. You thought it was her smile or his eyes and it was really their genetic material. I recently read an article stating that musicians carry a superior genetic material as the musician brings mutation and change to the world in a uniquely acoustic way. Therefore they are sought after for

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the superior mutative quality of their genes at an unconscious level. This theory gives a whole new meaning to the existence of groupies and their potential as hunters for the perfect genetic material!

Carolyn Ford has given numerous readings to people all over the world. Her greatest joy is discovering the next design and awakening someone to their true nature. Carolyn is the founder and creator of Firedancer Vibrational Essences and has lived in Sedona for ten years.

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