



**Essence of Waiting**  
**June / July 2001 "Four Corners Magazine"**  
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"**Simply waiting**" may be the most underrated strategy in **Human Design**. There is nothing simple about waiting, although it is the clearest and easiest strategy to becoming oneself. In sharing an individual's design there is a 92% chance that they are here to wait since all designs except manifestors (the other 8%) are given this strategy. As Ra tells it, even the manifestor is designed to wait, but that's another story.....

We have evolved from cultures and traditions that tell us to go forth and manifest. Waiting is for those destined to fail. Nothing could be further from the truth. Waiting is an active state of awareness. Waiting allows us to be focused and potentially successful in that focus. Each relative success leads to further success, which reinforces the ultimate value of the '**waiting**'. It is in this strategy that everything happens reaffirming the process I call '**receptive action**' or (**action through in-action**). If we are always out initiating (**taking action**) in this life we are never home to receive what the geometry has brought to our door. With this manifested action, those of us designed to wait will meet resistance from others. Resistance creates a lack of well being 'with-in'.

Having the design of a **Generator** I have had those moments when I feel the pressure to make something happen. I also know it would be incorrect to initiate anything. It is in those pressured moments that I take the time to sit in my garden and watch it grow. At first, it was difficult to overcome this feeling to take action but eventually, (and to my surprise) the rewards of waiting became obvious. Orders came in and requests for readings were left on my answering machine. It is the kindest way that the geometry has rewarded my good behavior for 'waiting'.

I invite you to experiment with the strategy of waiting. Don't be afraid to make mistakes in '**waiting**', since this is of course, your greatest of all teachers. I guarantee when choosing NOT to 'wait' a few times you will have the pattern and pain of what this means to your well being. It is likely you will never want to make that mistake again.

It takes seven years to de-condition your-self at a cellular level while learning how to enter into things correctly. We are literally changing ourselves one cell at a time. The secret here is patience and acceptance, and then to surrender to the geometry. After all, the geometry knows where it's going.

**"The Rave I Ching" essences, 5th hexagram "Waiting"**

The "**Rave I Ching**" essences are complex vibrational formulas that are to be taken orally--much like homeopathic remedies. They are created from the "**Life Force Transmissions**" of plants, trees, planetary influences, sacred waters and the forces of nature. All of these influences are our teachers and guides, as well as our living library of support, guidance and ever evolving consciousness. Each formula carries the essential essence of the hexagram it represents reinforcing its divine nature and attributes.

The **5th hexagram** essence "**Waiting**" is typically the first formula I introduce to a new client (since 'waiting' is at the foundation of grasping this knowledge). The **5th hexagram** is also part of the channel of rhythm--a design of being in the flow, it is the only channel that has **continuity** throughout all of the different life forms including the single cell. It alone is responsible for the recognition of patterns, the pattern of the rhythm of life itself.

This formula supports a calm and centered response with-in, opening oneself to a state of peacefulness. Simultaneously it provides for the potential of surrender in the 'waiting' process. When I offer this to my clients, I suggest they sit quietly and wait for a period before taking the formula. This once again reinforces the process of '**waiting**' and allows the awareness to begin to flow into their cells. Through this waiting, our greatest experience of creation (action through in-action) is realized.

If you can see the magic and reward in '**waiting**' you can be awakened to your true nature and the joy of becoming yourself.