



## Unveiling the Mystery of Self Dec-Jan 2001 "Four Corners Magazine"

**What** if your parents were handed an instruction manual at the time of your birth revealing your true nature? It could tell them if you had a logical or abstract mind, whether you had

leadership abilities and much more. **The Human Design System is just such a manual!**

**Can** you imagine understanding your emotions and how they work?

Or why the emotions you are feeling originate from outside of you belonging to people that are standing within the proximity of your aura? Have you ever struggled with making a clear and reliable decision? Human Design gives you that place to rely upon within yourself; you will never again have to look externally for answers. Each person has a unique strategy according to his/her own design that shows the pathway to their internal authority or decision making process.

Only a few designs find their authority from the outside.

### A Revelation in our times.....

**The Human Design System** was revealed to a **Canadian** man trained in the sciences with a background in physics, who essentially "**dropped out**" to live as a hermit on the island of Ibiza, Spain. It all began when he returned to the ancient ruins he called home and met the experience that would last for eight days and nights changing his life forever. As spoken in his own words, "On the evening of January 3, 1987, I was "**penetrated**" by a "**Voice**". It was a terrifying experience. My hair literally stood on end. In the shock, a flood of water drained from my scalp. The **Voice** asked, "**Are you ready to work?**" For eight days and nights, I worked, transcribing in detail **The Human Design System.**"

Out of this experience, he was given a vast panorama of information that was neither created nor developed by humans. This information was given whole.

It is a complete storehouse of the scientific nature of our universe. Even his name was changed. He emerged from the experience as **Ra Uru Hu**, a man who now had a relationship with a source he humbly refers to as the "**Voice.**"

### The Source is Mystical, The System is Logical

At the same time in January 1987, an extraordinary event took place on our planet. From a mountaintop in Chile, a supernova was witnessed with the naked eye. A supernova is the death of a star, an explosion of such enormity we can scarcely comprehend its intensity. With its dying breath, the supernova bombarded our planet with a deluge of subatomic information. This mass of emitted information is called neutrinos, subatomic particles which in recent years have been proven to bear mass (or weight). Neutrinos travel slower than light and are literally the breath of stars. Neutrinos pass through every square inch of our bodies, penetrating every cell, at three trillion neutrinos per second. For 14 minutes during this period in 1987, everyone on earth received three times the usual amount of neutrinos than normal.

The "**Voice**" told Ra that the universe is a living entity that had its conception at the Big Bang, and the totality of which is as of yet unborn. We are all part of that one verse, one song--an unborn uni-verse and there are still things we do not know.

### Revealed Synthesis

**Human Design** is the synthesis of **four ancient sciences**. The synthesized formula of Human Design is much more sophisticated than any of these ancient sciences on its own. One of these systems is the **Chinese I Ching** and it indicates the template of our genetic code. There are **64 hexagrams in the I Ching** and **64 human DNA codons**; as there are six lines associated with each of the **64 I Ching hexagrams**, so there are six strands associated with each **DNA codon**. When looking at the Human Design body graph you see a graphic representation of our genetic code, the human mechanical matrix that is the basic matrix from which each of us operates in the world.

Two more ancient components synthesized within Human Design are the **Kabbalah** with its roots in **Jewish mysticism** and the **Hindu Brahmin chakra system** which works with **seven chakras** or **energy centers**. The "**Voice**" shared with Ra that when Herschel discovered Uranus in 1781, humans evolved into a nine-energy-centered being capable of a more complex and finite awareness system than allowed by the seven chakras.

The last system, with its roots in **astronomy** and **astrology**, provides two calculations of planetary positions. These calculations are derived from our **birth time, place and date**. The **first** calculation represents our **personality** and what we have conscious access to in our design. The **second** calculation is taken from **three months before the birth**, exactly **88 degrees of the Sun's** position. This calculation represents our **biogenetic inheritance** or what's in the blood. This moment in time is when our soul enters our body while in the womb of our Mother. This calculation is called "**the design**" and shows how our being operates unconsciously.

**At** the moment when I understood my "**unconscious design**" and saw that its actions are innocent was one of the most liberating experiences I've encountered. This liberation of seeing without judgment and understanding that we all have specific roles in the complex geometry of existence is the result of meeting our designs.

There is **nothing psychic** or **intuitive** about a **Human Design reading**--the system is purely logical. I invite my clients to enter into the scientific experiment of self-discovery for themselves. Science is based on the premise that a hypothesis must be repeatedly proven and is considered successful only when it holds up under repeated testing. When an individual works with the knowledge of his/her design and experiences success, it fuels further experimentation and success. Finally, the process integrates with the being at a cellular level. Your cells meet this information first and it takes seven years to fully integrate into your system.

### What Type Am I?

This is the first question everyone asks at his first Human Design reading.

There are four energy types: **Manifestors** with consistent access to energy; **Generators** with access to energy purely through response; **Projectors** with access to energy only when invited or recognized; and **Reflectors** or lunar types that purely reflect the design of others. Our type gives us a particular strategy and understanding of how to meet or interact with the world. Further exploration enables us to discover the profile that defines our purpose in life. This data base describes the direction our being or vehicle is going in this incarnation and whether we have personal or karmic destiny.

Finally, we learn about our authority. **Authority** is where we make reliable and consistent decisions in this life based on our profile and type. The key to success is to enter into your experiences in this life correctly-- from a place of clarity. This enables us to live out our true nature, able to make correct decisions based on who we are according to the profile type and strategy of our design. We can begin living the life that is uniquely designed for us and is like no other. The resulting acceptance of self can be realized at a virtually unimagined level.

The primary mode of life instruction we receive in our culture is to produce, to do, to initiate, and to make things happen. Sitting back and waiting is defined as failure. This influence is referred to as conditioning. The pressure to produce is enormous and is especially challenging for non-energy types. There is much more power for most designs in waiting than in doing.

Much is revealed when we wait for life to come to us and respond with our own personal strategy. It's quite a revelation to wait and see what life has to offer. For clients, the fact that there is nothing for them to do is one of their biggest revelations! Yet, waiting is, in fact, where they find their power.

In **Buddhism**, this process is called **Wu-Wei, action through inaction**.

Personally, I have experienced the greatest success and felt more empowered in this life than when I have lived out t "**Know Thyself**"

These words are written above the **Oracle of Delphi** and are the key to awakening in this life. Simply put, awakening in this life is awareness in form and a commitment to becoming oneself. When you come to know yourself you can then love yourself. This is the point where life can begin to open up for you and love can truly find its way into your heart.

### How Can You Use Human Design in Your Life?

Living your design is the test! Once you commit to living your design, the only requirement is time and patience, since it takes **seven years to integrate** your first reading and fulfill the cellular process. Once your cells meet Human Design, mutation begins and the transformation process of individual awakening is initiated.

It takes courage to live your design and surrender to the truth of who you are. Human Design has incredible value for **understanding** and **knowing yourself**. Next, it is an amazing tool to understanding the dynamics in relationships between two or more people, whether intimate relationships, mother and child, or business.

There are many evolutionary stages in our process, beginning with the **Saturn return at 29 years** or **Uranus opposition between 38-42 years**, and finally the **Chiron return at around age 50**, these reveal the thematic of how we play out the next thirty years. Once you have your first Human Design analysis, a reading at each stage gives a clearer picture of how you will meet the program in your unique geometry.